



**Updated Empowerment Program Request List**

**\*Please note, there is not a specific quantity that we need for the requested items. These items are used at Family Promise on a daily basis and will be used for backstock.**

**Whatever you can provide from this list will be helpful and greatly appreciated!**

Food	Beverages	Others	Toiletries/Cleaning
<ul style="list-style-type: none"> <li>● Assorted chips- Single serving</li> <li>● Mac &amp; Cheese- Individual Cups</li> <li>● Mashed potatoes- individual cups</li> <li>● rice- individual cups</li> <li>● Frozen waffles, pancakes</li> <li>● Strawberry Jelly (fruit spread squeeze bottle)</li> <li>● Beef hot dogs</li> <li>● 4lb bag sugar</li> <li>● Powder coffee creamer</li> <li>● String cheese</li> </ul>	<ul style="list-style-type: none"> <li>● Lemonade (1 gallon)</li> <li>● Sweet Tea (1 gallon)</li> <li>● Apple Juice- 64 oz</li> <li>● V8 Berry Juice- 64 oz</li> </ul>	<ul style="list-style-type: none"> <li>● Plastic forks &amp; spoons</li> <li>● Paper Plates</li> <li>● Paper Towels</li> <li>● Aluminum Foil</li> <li>● Plastic Wrap</li> <li>● Wax Paper</li> <li>● Napkins</li> <li>● Gallon Ziplock Bags</li> <li>● Plastic Tupperware Containers -Variety Sizes</li> <li>● Plastic Cups</li> </ul>	<ul style="list-style-type: none"> <li>● DishWasher Pods</li> <li>● Dawn Dish Soap</li> <li>● All Free Clear Liquid- Laundry Detergent</li> <li>● Dryer Sheets</li> <li>● Bleach</li> <li>● Clorox multipurpose spray</li> <li>● 55 Gallon trash bags</li> <li>● 13 gallon tall kitchen trash bags- drawstring 80-100 count</li> </ul>